

Some Feng Shui Tips You Can Apply Today

If you're interested in feng shui, you might be overwhelmed, but don't worry. This ancient art and science has some application for just about everyone. Even though many people tell you that you'll need a "feng shui expert" to come to your home and give you a reading as to where your positive energy resides and what should be done in each room of your house, this isn't something you usually need to do.

Anybody can encourage the positive energy to flow and discourage negative energy with a few easy feng shui tips that you can use today.

Feng Shui Tip #1

Probably the most basic and most important feng shui tip is to start de-cluttering. There is no more potent energy drainer in your home than excessive clutter. Old clothes that you know you'll never wear again, broken appliances that you know you'll never fix, all of these things are just reminders of unfinished projects and unmet goals, and are a drain on you mentally and emotionally.

You can also apply this feng shui tip on decluttering to larger items like car parts, furniture, and so on. For example, if you have more than two major pieces of furniture to sit on in your living room, ask yourself why. Or, if you have a garage full of odd car parts that you're not going to use, ask yourself why and they get rid of them.

If your answer is "just in case", that means they are useless pieces of clutter and should be gotten rid of immediately.

Feng Shui Tip #2

Take note of color in your home and in your place of employment. Color can affect both your mood and your emotional state. As an example, one good feng shui tip is that when you want to increase your energy, use bold, bright colors in rooms you spent time in before you head out for your day, such as in your breakfast nook or kitchen. Use darker, warmer colors if you want to quiet your mood, such as in the bedroom or living room. You may want to consider using warm brown or green shades in these rooms.

However, there is need for caution when applying this particular feng shui tip. Some people are under the mistaken impression that if a little bit is a good thing, then more must be better. But too much of any bright color can overpower you and make you feel tense and anxious. Too much of a dark color can bring your mood too far down, even depressing you.

Sometimes it's good to take a step back from your room, stand at the entrance to it, and be honest about the color. Is it a bit too much? Consider toning down the shade, or using something neutral throughout with your other colors as an accent.

By applying these two very quick, very simple feng shui tips in your own home, you can begin to feel the power of positive energy as it is welcomed and ushered into your surroundings.

About the Author

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