

## What Is Vertical Gardening?

Have you ever dreamed of harvesting your own fruit and vegetables, fresh from the garden? Have you ever baulked at rising produce prices, and spent an arm and a leg on fresh produce only to take it home and find it bland? Have you ever wished you had a spacious backyard to grow your own corn and strawberries, but gave up your dreams because you work in the city and live in an apartment?

What if I told you that you can harvest as much fresh fruit and vegetables as you'd like from your very own garden with only the space on your balcony or windowsills.

You might think it is a crazy idea right?

With today's vertical gardening techniques, you can grow your own produce as long as you have somewhere sunny, be it a balcony, porch, or alleyway along a fence. With vertical gardening, you train your veggies to grow up, not out.

So what exactly is vertical gardening and why can it give you season after season of satisfaction and impressive crops of fruits and vegetables? Vertical gardening relies on the fact that plants will grow where ever there is light, nutrients, and support. This means that even if your cucumber vine is growing from a pot straight up a wall, it will still produce!

Long ago, it was commonly thought that only with expansive amounts of land can one grow produce. The problem was that before the advent of pots, irrigation, and soil conditioners, each plant relied strictly on what was in the soil beneath it to survive.

This meant that a given plant would consume a large amount of soil in order to produce a given amount of fruit.

Today, we can engineer optimum conditions for a given plant in a milk jug, and watch it produce many pounds of vegetables. This is possible through the application of science and careful planning of your garden well before planting the first seed.

Do not be discouraged, although the process may seem labor intensive and difficult, it truly isn't. After only a few weeks you will understand most of the theory and after a single season you will become a seasoned professional at growing your own produce indoors or in small spaces. Imagine covering an entire wall with bean vines, cucumbers, and tomatoes.

Imagine the satisfaction you will get when you bite into your very own produce, which will taste many fold better than that which is available at the store. This and much more is possible with vertical gardening!

So, if you have decided that vertical gardening may be something you would like more information about, scour the Internet for more info. You will be surprised at the resources available, and I am sure if you set your mind to it you could be harvesting your own fruit and veggies this year. Vertical gardening may be bringing fresh produce to a balcony near you soon.

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## About the Author

Jovan Gomez is the webmaster of [hydroponics dictionary](#) . It was designed and contributed to by many authors that bring a wealth of information and experience about the [hydroponics](#) industry.

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