

How Bonsai Trees Can Turn You Into An Addict

There are many articles around that will tell you about the ins and outs of looking after your Bonsai tree. They go into forms and styling, pruning techniques, repotting and so on. But let me just take you quietly into the feeling of Bonsai and why the majority of Bonsai gardeners become addicted.

It would be a very rare person who has not heard of Bonsai trees or Bonsai plants. Originating in China many centuries ago, Bonsai trees were taken up with a vengeance by the Japanese who perfected the techniques of miniaturizing some of their standard trees and turned the skill into an art form. Gradually the rest of the world has become captivated by the Bonsai tree and the techniques have spread to the home gardener and hobbyist.

There has been a lot written about Bonsai and it's care, growing techniques, forms, styles, dos and don'ts. If I were a newcomer to the hobby I could be quite overwhelmed by the amount of information and seemingly complicated rules to follow. I may then decide that it is all too hard and not get involved in Bonsai at all. But that would be to miss the entire point.

There is a uniqueness to Bonsai trees that is hard to describe. Their tiny size and indefinable beauty transport you to a completely different perspective, a place of peace and tranquillity where "chill out" is the word of the day. The noise and tension of the day drain away and you experience a feeling that has to be felt to be understood. Its even better when those Bonsai plants have been groomed by you!

As you begin to care for your Bonsai plant and spend some time getting to know your Bonsai you tend to enter into a kind of meditation. The rest of your busy world loses its focus while you concentrate on the job at hand. You can see the shape that the tree is inclined to grow into so you coax it by pruning and shaping, bit by bit until you have the result you were after. It becomes so soothing and relaxing that you can become quite addicted to your " Bonsai time ".

You have to put in the time and care to achieve your end result. However the thing about Bonsai is that it is the time spent that is the addiction! That is what calms the spirit, the doing not the getting.

However before you can loose yourself in this type of meditation you need to learn some basic skills. Select the type of Bonsai trees that you want to grow and set yourself up with some good quality Bonsai supplies. There is ample Bonsai literature available both for the beginner and the experienced and your Bonsai trees will look even more beautiful in an interesting pot and perhaps on a display table.

If you allocate enough time to the basics in the beginning you will be rewarded well into the future with a great deal of satisfaction and pleasure.

About the Author

Rick Lasslett has had a love of Bonsai for a long time. Before you begin any new Bonsai or search for a unique gift of [bonsai trees](#) check out the one stop Bonsai shop <http://www.bonsaioasis.com>

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